Dance (DNCE)

# **DANCE (DNCE)**

# DNCE 1101 Credits: 4 Ballet 1 Total Hours: 150

Students explore the principles of classical ballet with emphasis on coordination, skeletal alignment, placement, physical virtuosity, classical line, theatricality and musicality. Advanced ballet technique is investigated with an emphasis on movement quality and anatomical efficiency. All classes are accompanied by a ballet accompanist to support development of sophisticated musicality. This course is part of the full-time Dance Program.

### DNCE 1102 Credits: 1

### Pointe Work 1 (Women) Total Hours: 45

Is an exciting and essential part of ballet training requiring strength and functional body alignment. Students explore the principles of classical pointe work with emphasis on technique and strength-building. Particular attention is brought to the articulation and refinement of classical line, balance and physical control. Students progress through the course with preparation for classical variations. This course is part of the full-time Dance Program.

# DNCE 1103 Credits: 1 Men's Work 1 Total Hours: 45

This course is an intense regime of exercises addressing muscular and cardio-vascular strength, flexibility and alignment. The class lays the groundwork for further studies leading to preparation for pas de deux and ensemble work. Exercises include careful floor work which examine anatomical efficiency and rigorous jump sequences. This course is part of the full-time Dance Program.

### DNCE 1104 Credits: 1

### Jazz Technique 1 Total Hours: 22.5

Students explore the principles of Lyrical, Contemporary, Ballet and Modern Jazz with an emphasis on coordination, isolations, strength, physical virtuosity and anatomical efficiency. The history of Jazz dance and contemporary dance fusion within the genre is discussed. Music includes the Jazz "greats" and contemporary artists to compliment each style. This course is part of the full-time Dance Program.

### DNCE 1105 Credits: 1

### Modern Dance 1 Total Hours: 22.5

Students in Modern Dance 1 explore the principles of modern and contemporary dance with an emphasis on anatomical efficiency, spinal articulation, floor work, spatial complexity, movement through space and complex rhythmical patterns. Structured improvisation is used to explore the principles of technique. All classes are accompanied by a percussionist to support development of sophisticated rhythmical sense and musicality. This course is part of the full-time Dance Program.

# DNCE 1106 Credits: 1 Flamenco 1 Total Hours: 22.5

This class covers traditional Andalucian (Southern Spain) dance form with guitar accompaniment combining footwork, arm work, palmas (hand clapping), and castanets, palos (dance rhythms and names) involved with Flamenco. This course is part of the full-time Dance Program.

# DNCE 1107 Credits: 1

### Classical Variations 1 Total Hours: 30

This course introduces students to classical repertoire en Pointe. It develops strength needed for Pas de Deux in Year 2. This course is part of the full-time Dance Program.

### DNCE 1109 Credits: 1

#### Health for Dancers Total Hours: 30

This course equips students to make informed physical and mental health choices as they pertain to a professional dance career. Taught by registered professionals, the class covers functional anatomy, injury prevention; treatment and rehabilitation; nutritional education (clinical nutritionist); personal development through emotional health, self-awareness and coping skills for dance. This course is part of the full-time Dance Program.

#### DNCE 1110 Credits: 1

### Intro to Improvisation 1 Total Hours: 22.5

This class focuses on the technique of Contact Improvisation including the principles of: giving and taking weight, transferring weight, counterbalance, momentum, responding to impulse and finding the "pause." This course is part of the full-time Dance Program.

# DNCE 1111 Credits: 2

### Rhythm Studies 1 Total Hours: 37.5

Rhythm Studies 1 is the first in a series of four rhythm courses taught during each semester of the Dance Diploma. This intensive skills course focuses on the acquisition of strong skills in performance time-keeping, metre, rhythmic grouping, and tempo. The course introduces elements of Western European rhythmic principles side by side with other sophisticated rhythm traditions and practices from Africa, Latin America and India. The student develops a solid grounding in rhythmic practice and an introductory knowledge of available tools for strengthening rhythmic feel. This course is part of the full-time Dance Program.

# DNCE 1121 Credits: 4 Company 1 Total Hours: 150

Company members have the opportunity to work with internationally acclaimed guest artists and choreographers. The company instills a sense of commitment, discipline and proper work habits for professional dance creation and rehearsal. The company also facilitates the application of the principles of technique, improvisation and theatricality to creation and performance. Students also gain a profound understanding of partnering ensemble work. Students receive broadbased performance opportunities and technical training in preparation for a career in a professional company. This course is part of the full-time Dance Program.

# DNCE 1201 Credits: 4 Ballet 2 Total Hours: 150

Students explore the principles of classical ballet with emphasis on coordination, skeletal alignment, placement, physical virtuosity, classical line, theatricality and musicality. Advanced ballet technique is investigated with an emphasis on movement quality and anatomical efficiency. All classes are accompanied by a ballet accompanist to support development of sophisticated musicality.

Pre-requisite(s): Ballet 1 This course is part of the full-time Dance Program

### DNCE 1202 Credits: 1

# Pointe Work 2 (Women) Total Hours: 45

This class is an exciting and essential part of ballet training requiring strength and functional body alignment. Students explore the principles of classical pointe work with an emphasis on technique and strength-building. Particular attention is brought to the articulation and refinement of classical line, balance and physical control. Students progress through the course with preparation for classical variations.

**Pre-requisite(s):** Pointe Work 1 This course is part of the full-time Dance Program

# DNCE 1203 Credits: 1 Men's Work 2 Total Hours: 45

This class is a continuation of the conditioning regime of Men's Work 1 with advanced exercises addressing muscular and cardio-vascular strength, flexibility and alignment. The class is in preparation for pas de deux and ensemble work. Exercises include careful floor work examining anatomical efficiency and rigorous jump sequences.

Pre-requisite(s): Men's Work 1 This course is part of the full-time Dance Program

### DNCE 1204 Credits: 1

# Jazz Technique 2 Total Hours: 22.5

Students explore the principles of Lyrical, Contemporary, Ballet and Modern Jazz with emphasis on coordination, isolations, strength, physical virtuosity and anatomical efficiency. The history of Jazz dance and contemporary dance fusion within the genre is discussed. Music includes the Jazz "greats" and contemporary artists to compliment each style.

**Pre-requisite(s):** Jazz Technique 1 This course is part of the full-time Dance Program

### DNCE 1205 Credits: 1

#### Modern Dance 2 Total Hours: 22.5

Students explore the principles of modern and contemporary dance with an emphasis on anatomical efficiency, spinal articulation, floor work, spatial complexity, movement through space and complex rhythmical patterns. Structured Improvisation is used to explore the principles of technique. All classes are accompanied by a percussionist to support development of sophisticated rhythmical sense and musicality.

**Pre-requisite(s):** Modern Dance 1 This course is part of the full-time Dance Program

# DNCE 1206 Credits: 1

# Flamenco 2 Total Hours: 22.5

A continuation from Term 1, traditional Andalucian (Southern Spain) dance form with guitar accompaniment combining footwork, arm work, palmas (hand clapping), and castanets, palos (dance rhythms and names) involved with Flamenco.

**Pre-requisite(s):** Flamenco 1 This course is part of the full-time Dance Program

### DNCE 1207 Credits: 1

### Classical Variations 2 Total Hours: 30

This course studies classical repertoire en Pointe. It develops strength needed for Pas de Deux

**Pre-requisite(s):** Classical Variations 1 This course is part of the full-time Dance Program

### DNCE 1209 Credits: 1

# **Body Conditioning Total Hours: 30**

This class equips students to make informed physical choices as they pertain to a professional dance career. The course covers application of functional anatomy from static to movement to choreography.

Pre-requisite(s): Health for Dancers This course is part of the full-time

Dance Program

### DNCE 1210 Credits: 1

### Intro to Improvisation 2 Total Hours: 22.5

The second term focuses on the rudimentary principles of improvisation including: following and leading impulses, use of space, dynamic, music and time in varying groupings from solo to ensemble.

**Pre-requisite(s):** Intro to Improvisation 1 This course is part of the full-time Dance Program

### DNCE 1211 Credits: 2

# Rhythm Studies 2 Total Hours: 37.5

Rhythm Studies 2 is the second in a series of four rhythm courses taught during each semester of the Dance Diploma. This intensive skills course focuses on the acquisition of strong skills in performance time-keeping, metre, rhythmic grouping, and tempo. The course introduces elements of Western European rhythmic principles side by side with other sophisticated rhythm traditions and practices from Africa, Latin America and India. The student develops a solid grounding in rhythmic practice and an introductory knowledge of available tools for strengthening rhythmic feel.

**Pre-requisite(s):** Rhythm Studies 1 This course is part of the full-time Dance Program

# DNCE 1221 Credits: 4 Company 2 Total Hours: 150

Company members have the opportunity to work with internationally acclaimed guest artists and choreographers. The company instills a sense of commitment, discipline and proper work habits for professional dance creation and rehearsal. The company also facilitates the application of the principles of technique, improvisation and theatricality to creation and performance. Students also gain a profound understanding of partnering ensemble work. Students receive broadbased performance opportunities and technical training in preparation for a career in a professional company.

**Pre-requisite(s):** Company 1 This course is part of the full-time Dance Program

# DNCE 2101 Credits: 4 Ballet 3 Total Hours: 150

This course builds on principles of technique established in Year 1 Ballet. Expectations of performance are heightened as students are expected to achieve mastery of technical principles in all aspects of advanced ballet vocabulary. Emphasis is on complex and challenging batterie, allegro, adage, turning sequences and enchainements. Attention is placed on expanding the range of tempo in the execution of steps. Particular attention is placed on presentation and performance quality.

**Pre-requisite(s):** Ballet 2 This course is part of the full-time Dance Program

### DNCE 2102 Credits: 1

# Pointe Work 3 (Women) Total Hours: 45

As an exciting and essential part of ballet training requiring strength and functional body alignment, students explore the principles of classical pointe work with emphasis on technique and strength-building. Particular attention is brought to the articulation and refinement of classical line, balance and physical control. Students progress through the course with preparation for classical variations.

**Pre-requisite(s):** Pointe Work 2 This course is part of the full-time Dance Program

### DNCE 2103 Credits: 1

# Men's Work 3 Total Hours: 45

A continuation of the conditioning regime of Men's Work, these advanced exercises address muscular and cardio-vascular strength, flexibility and alignment. The class is in preparation for pas de deux and ensemble work. Exercises include careful floor work examining anatomical efficiency and rigorous jump sequences.

**Pre-requisite(s):** Men's Work 2 This course is part of the full-time Dance Program

Dance (DNCE)

### DNCE 2104 Credits: 1

# Jazz Technique 3 Total Hours: 22.5

As in Year 1 students explore the principles of Lyrical, Contemporary, Ballet and Modern Jazz with emphasis on coordination, isolations, strength, physical virtuosity and anatomical efficiency. The history of Jazz dance and contemporary dance fusion within the genre are further discussed. More technically challenging vocabulary is covered with emphasis on extensive phrases and combinations designed to increase stamina and endurance. The choreography and musicality also become more sophisticated, demanding greater proficiency and versatility of the dancer.

**Pre-requisite(s):** Jazz Technique 2 This course is part of the full-time Dance Program

### DNCE 2105 Credits: 1

#### Modern Dance 3 Total Hours: 22.5

This course further develops the principles established in the first year of Modern Dance. Expectations of performance are heightened and students are expected to fully integrate principles of technique and artistry into all of their work. All classes are accompanied by a percussionist to support development of sophisticated rhythmical sense and musicality.

**Pre-requisite(s):** Modern Dance 2 This course is part of the full-time Dance Program

# DNCE 2106 Credits: 1

### Flamenco 3 Total Hours: 22.5

Building on work established in first year Flamenco, students apply Flamenco technique developed in Year 1 to learning the traditional Flamenco dances including: Alegrias, Bulerias and Solea.

**Pre-requisite(s):** Flamenco 2 This course is part of the full-time Dance Program

# DNCE 2111 Credits: 2

### Rhythm Studies 3 Total Hours: 37.5

Rhythm Studies 3 is the third in a series of four rhythm courses taught during each semester of the Dance Diploma. This intensive skills course focuses on the acquisition of strong skills in performance time-keeping, metre, rhythmic grouping, and tempo. The course introduces elements of Western European rhythmic principles side by side with other sophisticated rhythm traditions and practices from Africa, Latin America and India. The student develops a solid grounding in rhythmic practice and an introductory knowledge of available tools for strengthening rhythmic feel.

**Pre-requisite(s):** Rhythm Studies 2 This course is part of the full-time Dance Program

# DNCE 2112 Credits: 1

### Pas de Deux 1 Total Hours: 30

Building on the work established in Classical Variations, students are introduced to more advanced elements of classical partnering. Training includes alignment, weight transfer, hold positions with supported adagio and pirouette work and lifts.

**Pre-requisite(s):** Completion of Year 1 This course is part of the full-time Dance Program

### DNCE 2113 Credits: 1

#### Dance Composition 1 Total Hours: 22.5

This course builds on the work established in Introduction to Improvisation. Students explore elements of Dance Composition through the perspectives of Contact Improvisation, Physical Initiation, Spatial Intent/Relationships, Time, Phrasing and Thematic Exploration. Students are expected to create a solo, duet or trio and an ensemble pieces. Journaling is heavily emphasized as an important element of the compositional process. There is an introduction to the use of props, set pieces, voice and text in dance.

**Pre-requisite(s):** Intro to Improvisation 2 This course is part of the full-time Dance Program

# DNCE 2114 Credits: 1

#### Careers in Dance 1 Total Hours: 22.5

This course provides aspiring professionals with basic business and organizational tools. Students learn to write professional cover letters, devise effective resumes, as well as research, write and apply for grants. Students also learn to refine their personal communication skills and practice the art of networking and interviewing. Finally, a sizable portion of the course is spent in developing administrative skills from very basic time management techniques to helpful tips on tax preparation and personal bookkeeping. The emphasis is on simulating real market scenarios; therefore, students complete actual grant applications, tax statements and assemble tour and/or performance event budgets. The course is offered in lecture format with an on-line component consisting of support material, form templates, sample Power Point presentations, group blog, and networking tips. This course is part of the full-time Dance Program.

# DNCE 2201 Credits: 4 Ballet 4 Total Hours: 150

Building on principles of technique established in Year 1 Ballet, expectations of performance are heightened as students are expected to achieve mastery of technical principles in all aspects of advanced ballet vocabulary. Emphasis is on complex and challenging batterie, allegro, adage, turning sequences and enchainements. Attention is placed on expanding the range of tempo in the execution of steps. Particular attention is placed on presentation and performance quality.

Pre-requisite(s): Ballet 3 This course is part of the full-time Dance

**Pre-requisite(s):** Ballet 3 This course is part of the full-time Dance Program

### DNCE 2202 Credits: 1

# Pointe Work 4 (Women) Total Hours: 45

An exciting and essential part of ballet training requiring strength and functional body alignment, students explore the principles of classical pointe work with an emphasis on technique and strength-building. Particular attention is brought to the articulation and refinement of classical line, balance and physical control. Students progress through the course with preparation for classical variations.

**Pre-requisite(s):** Pointe Work 3 This course is part of the full-time Dance Program

### DNCE 2203 Credits: 1

# Men's Work 4 Total Hours: 45

This course is a continuation of the conditioning regime of Men's Work 3 with advanced exercises addressing muscular and cardio-vascular strength, flexibility and alignment. The class is in preparation for pas de deux and ensemble work. Exercises include careful floor work examining anatomical efficiency and rigorous jump sequences.

Pre-requisite(s): Men's Work 3 This course is part of the full-time Dance Program

### DNCE 2204 Credits: 1

# Jazz Technique 4 Total Hours: 22.5

As in Year 1 Jazz students explore the principles of Lyrical, Contemporary, Ballet and Modern Jazz with an emphasis on coordination, isolations, strength, physical virtuosity and anatomical efficiency. The history of Jazz dance and contemporary dance fusion within the genre is further discussed. More technically challenging vocabulary is covered with emphasis on extensive phrases and combinations designed to increase stamina and endurance. The choreography and musicality also becomes more sophisticated, demanding greater proficiency and versatility of the dancer.

**Pre-requisite(s):** Jazz Technique 3 This course is part of the full-time Dance Program

#### DNCE 2205 Credits: 1

#### Modern Dance 4 Total Hours: 22.5

This class further develops the principles established in Year 1 Modern. Expectations of performance are heightened and students are expected to fully integrate principles of technique and artistry into all the work. All classes are accompanied by a percussionist to support development of sophisticated rhythmical sense and musicality.

**Pre-requisite(s):** Modern Dance 3 This course is part of the full-time Dance Program

# DNCE 2206 Credits: 1 Flamenco 4 Total Hours: 22.5

Building on work established in Year 1 Flamenco, students apply Flamenco technique developed in Year 1 to learning the traditional Flamenco dances including: Alegrias, Bulerias and Solea.

**Pre-requisite(s):** Flamenco 3 This course is part of the full-time Dance Program

# DNCE 2211 Credits: 2

# Rhythm Studies 4 Total Hours: 37.5

Rhythm Studies 4 is the last in a series of four rhythm courses taught during each semester of the Dance Diploma. This intensive skills course focuses on the acquisition of strong skills in performance time-keeping, metre, rhythmic grouping, and tempo. The course introduces elements of Western European rhythmic principles side by side with other sophisticated rhythm traditions and practices from Africa, Latin America and India. The student develops a solid grounding in rhythmic practice and an introductory knowledge of available tools for strengthening rhythmic feel.

**Pre-requisite(s):** Rhythm Studies 3 This course is part of the full-time Dance Program

### DNCE 2212 Credits: 1

### Pas de Deux 2 Total Hours: 30

Building on the work established in Classical Variations, students are introduced to more advanced elements of classical partnering. Training includes alignment, weight transfer, hold positions with supported adagio, and pirouette work and lifts. Prerequisite: Pas de Deux 1 This course is part of the full-time Dance Program.

### DNCE 2213 Credits: 1

### Dance Composition 2 Total Hours: 22.5

This course builds on the work established in Introduction to Improvisation. Students explore elements of Dance Composition through the perspectives of Contact Improvisation, Physical Initiation, Spatial Intent/Relationships, Time, Phrasing and Thematic Exploration. Students are expected to create a solo, duet or trio, and an ensemble pieces. Journaling is heavily emphasized as an important element of the compositional process, with an introduction to the use of props, set pieces, voice and text in dance. Prerequisite: Dance Composition 1 This course is part of the full-time Dance Program.

### DNCE 2214 Credits: 1

#### Careers in Dance 2 Total Hours: 22.5

This course continues the development of business and organizational tools as students concentrate on more sophisticated applications of knowledge acquired in Careers in Dance 1. These skills include how to form a dance company, opening a dance teaching studio, exploring multiple revenue streams, obtaining financing and other skills related to running a small business. The course continues the development of other administrative skills and introduces students to potential mentors in the local dance community. The course is offered in lecture format with an on-line component consisting of support material, form templates, sample Power Point presentations, group blog, and networking tips.

Pre-requisite(s): Careers in Dance 1 This course is part of the full-time Dance Program

#### DNCE 2215 Credits: 2

#### The Arts in Context Total Hours: 45

This course introduces students to the most significant developments in Twentieth Century western visual and performing arts forms. Beginning with an examination of the influences of the Viennese School, students survey Modernism, Expressionism, and examine prominent artists such as Diaghilev, Picasso, Stravinsky, Martha Graham, and many others. Later in the course, students look at post World War II reconstruction and the arrival of Postmodernism and Minimalism. Students explore the interaction of disciplines that have inspired, gave impetus to, and critically shaped our contemporary cultural artistic practices. This survey course encompasses diverse practices across the areas of dance, music, theatre, literature and visual arts.

Pre-requisite(s): Completion of Year 1 1 This course is part of the full-time Dance Program