

# PSYCHOLOGY (PSYC)

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**PSYC 1100 Credits: 3****Psychology 1 Total Hours: 60**

This course introduces students to the discipline of psychology and provides an overview of the major areas and perspectives in the field. It is an overview of the history, systems and theories, research methods, evolution and genes, the brain and nervous system, body rhythms and states of consciousness, sensation and perception, learning, conditioning, and behaviour. Psychology 1 and 2 can be taken concurrently.

**PSYC 1200 Credits: 3****Psychology 2 Total Hours: 60**

This course covers the concepts of memory, thinking and intelligence, emotion, motivation, theories of personality, life span development, health, stress and coping, psychological disorders, and approaches to treatment and therapy. Psychology 1 and 2 can be taken concurrently.

**PSYC 2300 Credits: 3****Abnormal Psychology Total Hours: 60**

This course explores the clinical features of a wide range of psychological disorders, their biopsychosocial etiologies, as well as commonly used therapeutic approaches.

**Pre-requisite(s):** PSYC 1100 or PSYC 1200, or equivalent

**PSYC 2320 Credits: 3****Research Methods in Psychology Total Hours: 60**

This course is an introduction to research methods in psychology with a particular focus on critical thinking and experimental design.

**Pre-requisite(s):** PSYC 1100 and PSYC 1200, both with a C-