

HEALTH (HLTH)

HLTH 1101 Credits: .5

Foodsafe Level 1 Total Hours: 8

A one day Saturday course designed for kitchen staff and dining room attendants. Explore microbiology, food-borne illnesses, personal hygiene and health, serving and dispensing, food protection and preparation, receiving and storing food safely, warewashing and storage methods. FoodSafe Workbooks are available in the VCC Bookstore – approximately \$15. (8 hours) .

HLTH 1115 Credits: 0

RHFAC Training Total Hours: 48

Be at the forefront of Canada's growing accessibility movement. This course is the first step towards qualifying to conduct ratings under the Rick Hansen Foundation Accessibility Certification™ (RHFAC) program. Using a comprehensive national rating system, RHFAC methodology measures meaningful accessibility in the built environment. This course is designed to provide students with a solid foundation in the fundamental skills and knowledge required to rate a site using the RHFAC methodology. With a combination of theory and hands-on practice, this course helps people who plan, design, and construct the built environment begin to understand accessibility from the perspective of people with different types of disabilities. The course identifies the challenges and barriers people with disabilities encounter and how a site can be adapted to make it more inclusive and welcoming for all members of society. Students will be introduced to Universal Design principles, as well as current legislation and standards. The course will finish with a comprehensive overview of the influential role that RHFAC Professionals play in any building project that involves design and construction. Upon successful completion of RHFAC Training, students are eligible to write the online exam (not administered as part of the course) to Become a Designated RHFAC Professional. Grant funding to cover the cost of this course is available. To be eligible, students must be residents of British Columbia or identify as an individual with a disability. Find out more at <https://www.rickhansen.com/become-accessible/accessibility-training-and-education/tuition-grants> Education and credentials awarded outside of Canada will be considered. Recommendations: You will have the most success in this course if you already have a high level of proficiency with computer systems and programs (including Microsoft Excel), as well as solid written and verbal communication skills. Do you feel strongly that you would be a good candidate but do not meet the above requirements? Please contact us – we will be pleased to discuss your options at health@vcc.ca. After you have registered, please send your documents to health@vcc.ca. Students who do not provide proof of meeting the course pre-requisites will have their course registration canceled.

Pre-requisite(s): • You have a diploma or at least two years of completed post-secondary studies in architecture, engineering, urban planning, interior design or a related program; or • You have a Journeyman Certificate of Qualification in a designated trade related to building construction; or • You are an engineer (or eligible for registration as an engineer); or • You are an architect (or eligible for registration as an architect); or • You have a minimum of five years of construction experience; or • You have an equivalent combination of lived experience and built environment knowledge

HLTH 1120 Credits: 0

Leadership and Ethics Nursing Total Hours: 24

This 24-hour course will provide participants an opportunity to learn and reflect on nursing ethics and leadership theory in its application to their role as nurse leaders. The course has been designed so that the participants will have an opportunity to return to the workplace to assess, implement and evaluate their leadership abilities grounded in ethics. It is important to note that this course places a strong emphasis on individual, reflective work and encouraging participants to move beyond self-imposed limitations. The facilitators believe that the “work” of leadership is an ongoing, dynamic process that requires leaders to continually evaluate skill sets, competencies, gaps and areas that require development. This self-reflection and a willingness to look at one's strengths and weaknesses are critical to the development of leaders.

HLTH 1190 Credits: 0

Foot Care Nursing Total Hours: 50

The Foot Care Nursing course provides basic and advanced education and training in the care of the middle-aged and elderly foot. This course includes in-class instruction, self-study and hands-on clinical experience. Students will typically work on 8-10 feet during the course. In addition to education for providing basic and advanced foot care, the student will learn the basics of private practice nursing and operating a small business, as well as the current best practices for cleaning, disinfecting and sterilizing foot care tools. Proof of current BC LPN or RN Licensure to register. Supplies costing approximately \$550 are available at the VCC Downtown bookstore prior to first class. Please note that a textbook is required for this course. Please check the bookstore website at <https://downtown.store.vcc.ca/> for textbook information and hours of operation. **Pre-requisite(s):** Proof of current BC RN/RPN/LPN Licensure required to register

HLTH 1271 Credits: 0

Physical Assessment for Nurses Total Hours: 7

Through a combination of theory instruction and lab practice, students will have the opportunity to review the body systems and practice a method of completing a comprehensive assessment of the client. Participants will learn a systematic method of reviewing and organizing a physical assessment of a patient that begins at the head and works down to the toes. This course incorporates critical thinking strategies, the head to toe assessment, a review of the body systems, and documentation of appropriate information.

Pre-requisite(s): Current RN/RPN/LPN Licensure, any province of Canada

HLTH 1295 Credits: 0

Pharmacology Review Total Hours: 7

Are you a Licensed Practical Nurse or a Registered Nurse returning to nursing and requiring a pharmacology review? This distance course lets you practice math calculations and refresh your theory associated with administering medications. Registration is on-going for this course. Students may register at any time, and have three months to complete the course. Please note: This is not an online course. All course materials will be shipped to students via Purolator.

Pre-requisite(s): Proof of current BC LPN or RN license is required to register

HLTH 1315 Credits: 0**Distance IV Therapy for LPNs Total Hours: 7**

For students unable to attend the IV Therapy and Insertion course on campus, this distance option offers the same theory content and the ability to work at your own pace. Students will gain knowledge in locating sites, selecting equipment, insertion, adjusting flow rates, identifying complications, and selecting interventions for the adult patient receiving IV therapy. Registrants need practicing license and employer's ability to certify skills in the workplace. Proof of current BC LPN or RN license is required to register. Registration is on-going for this course. Students may register at any time, and have three months to complete the course. To register, please call the Continuing Studies office at 604.443.8484. Required supplies: Students must purchase the required Student IV Therapy Kit from the VCC Broadway Bookstore. Please call the Bookstore directly for store hours (604.871.7000 ext. 5033)

Pre-requisite(s): Proof of current BC LPN or RN license is required to register

HLTH 1327 Credits: 0**Medication Management for HCAs Total Hours: 14**

Health Care Assistants and Care Aides seeking employment in Assisted Living Facilities will want to take this course. The growing role of medications in assisted living settings has made the ability to dispense them increasingly crucial. Learn how medication administration is incorporated into the philosophy of assisted living care settings.

Pre-requisite(s): Students must be Health Care Assistants or Care Aides to take this course

HLTH 1403 Credits: 0**IV Therapy and Insertion Total Hours: 7**

This course is designed to prepare the Registered and Licensed Practical Nurse (RN/LPN) to initiate and maintain peripheral intravenous infusions. Through a combination of theory instruction and lab practice, students will develop their skills in IV insertion and maintenance, learn how to minimize patient discomfort and complications and increase insertion success rates. Students will gain knowledge in locating sites, selecting equipment, insertion, adjusting flow rates, identifying complications, and selecting interventions for the adult patient receiving IV therapy. After successful completion of this course, students are expected to develop proficiency in these skills with clinical mentorship and experience in their health care facility. When aspects of care or skill are beyond the nurse's level of competence, it is the nurse's responsibility to seek education and/or supports needed for that care setting (British Columbia College of Nurses & Midwives). Required supplies: Students must purchase the required Student IV Therapy Kit from the VCC Broadway Bookstore prior to the class, as the Bookstore is not open on Saturdays. Students can purchase the kit online: <https://broadway.store.vcc.ca/>, or call the Bookstore directly for store hours 778-783-5033. Required: Current BC RN/RPN/LPN Licensure

HLTH 1404 Credits: 0**Medication Course for HCWs Total Hours: 7**

In this course, health care workers working in the context of detox and recovery will learn the basic knowledge and skills required to provide medications safely to designated clients. In your role as a health care worker, you are a vital part of the healthcare team. Learn the roles and responsibilities of each team member, and how you are the key link between the clients, their families, and the health care professional (HCP). You will learn how your role in client care, medication administration, asking the right questions and, in communicating this information to your team in a timely manner, is of vital importance to the well-being of the client.

Pre-requisite(s): Students must be health care workers in the context of addiction, detox and recovery

HLTH 1405 Credits: 0**Advanced Nursing Foot Care Total Hours: 131**

The Advanced Nursing Foot Care course offered by PED - Education Inc. is the most comprehensive course available for nurses wanting the pursue a career as a foot care nurse. The course provides comprehensive theoretical knowledge in topics ranging from structure and function the foot, abnormal conditions, clients with diabetes, psychosocial behavior and operating a foot care business. This theoretical component is completely online with access to discussions with colleagues and the instructor. Students will apply theoretical knowledge gained in the online component to complete foot care assessments and conduct foot care services to clients under the supervision of a practicing foot care nurse. The clinical portion of the course will be completed at a local long-term care facility that serves residents of the downtown eastside of Vancouver. This setting is unique to the VCC Foot Care Nursing course, and students will have an opportunity to work with a variety of residents with unique and diverse challenges. Students must have an active BC nursing license and be in good standing with the British Columbia College of Nurses and Midwives (BCCNM). Students should have reliable access to the internet, be able to print documents, and have moderate computer skills.

Pre-requisite(s): Current BC RN/RPN/LPN Licensure

HLTH 1406 Credits: 0**Mindful Meditation Total Hours: 7**

An experiential and self-reflective approach will provide students in this course with the foundational knowledge for stress reduction, mental clarity, better focus, and a healthy mind. Strategies utilizing Nature, Writing, Art, Cultural and Meditation Practices will help students develop self-awareness and stress management skills required in daily life. This course is open to health care workers, students, families, and anyone else seeking stress reduction techniques in a time of uncertainty.